

HEALTH & SAFETY POLICY

Version 1

Date approved by directors: September 2023

Review: Annually

Next review date: September 2024

Our Health & Safety Policy is to:

- Prevent accidents and cases of work-related ill health
- Manage safety risks at the yoga studio
- Provide clear instructions and information
- Provide Personal Protective Equipment
- Provide training to all teachers
- Consult teachers on matters affecting health and safety
- Ensure safe handling and use of substances
- Maintain safe and healthy conditions
- Implement emergency procedures including evacuation in case of fire or other significant incident
- Review and revise the policy regularly

Overall and final responsibility for Health & Safety

Diana Harris

Day to day responsibility ensuring this policy is put into practice

Diana Harris, Sarah Orchard and Lynne Myall

All Directors, Teachers, volunteers and others should:

- Co-operate with safety officers on all health and safety matters
- Take responsibility for their own health and safety
- Report all health and safety concerns to an appropriate person

Risk Assessment

- We will complete relevant risk assessments and take action
- We will review relevant risk assessments when working habits or conditions change

Training

We will make sure that all teachers have a current First Aid at Work certificate and that it is renewed every three years.

We will ensure that all teachers know where to find the First Aid box and what to do in case emergency evacuation is required.

Consultation

We will consult with staff on health and safety matters regularly and when they arise.

Evacuation

We will make sure escape routes are signed and kept clear at all times.